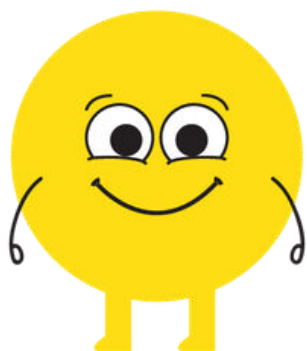
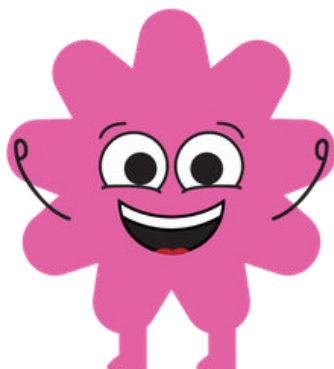


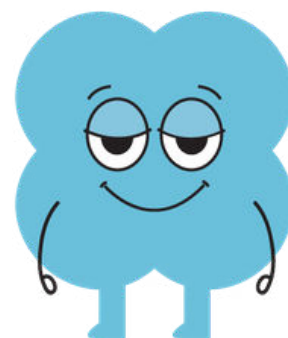
Our Feelings



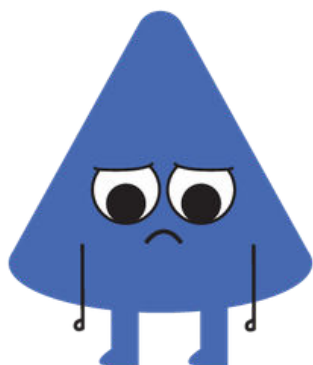
HAPPY



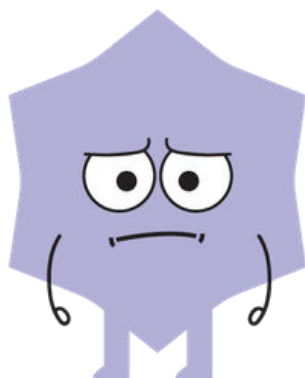
EXCITED



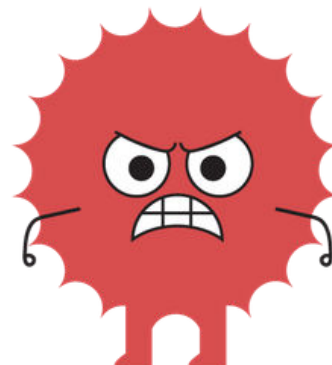
CALM



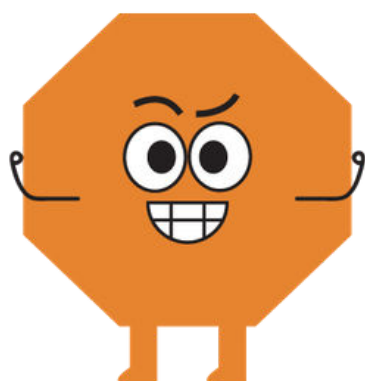
SAD



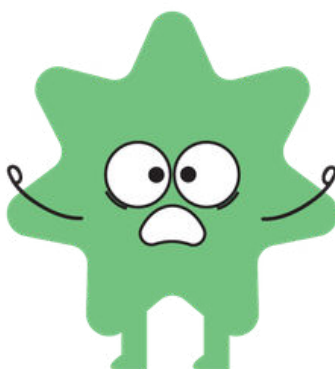
WORRIED



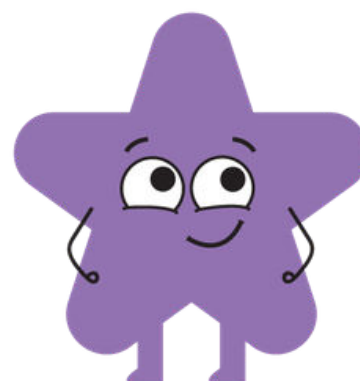
ANGRY



BRAVE



SCARED



PROUD

We're here. Isle Listen

Isle Listen is a trading name of MCH Psychological Services, a registered charity on the Isle of Man number 1024 and a registered organisational member of the British Association for Counselling and Psychotherapy.